

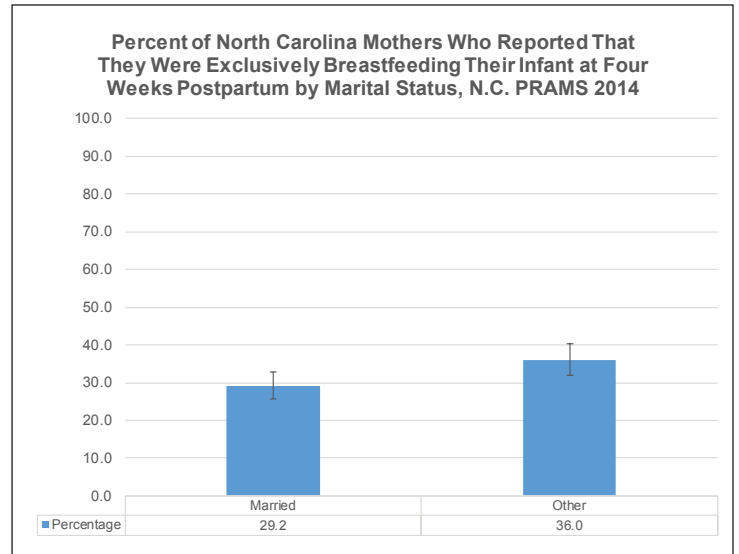
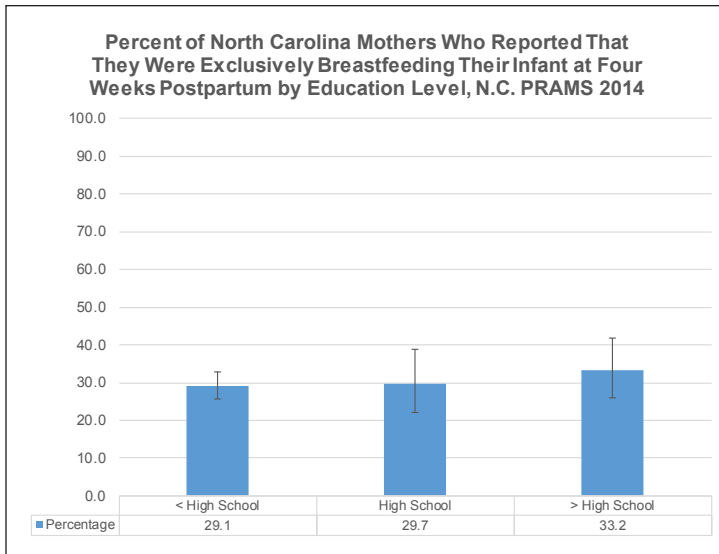
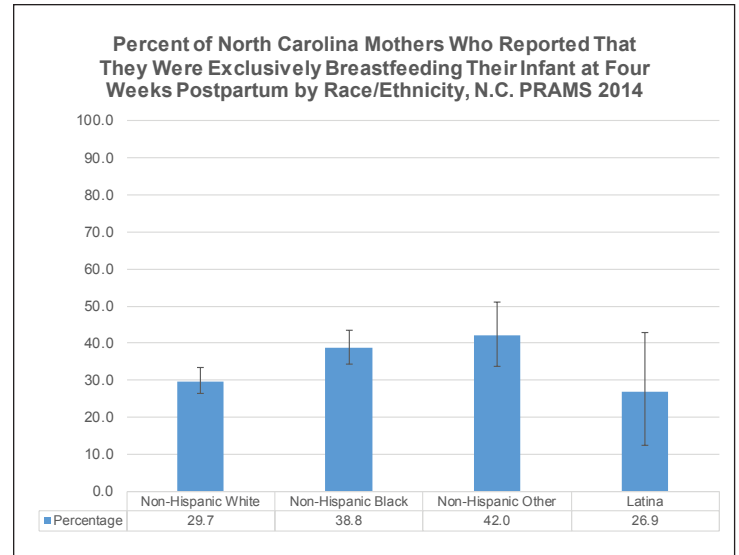
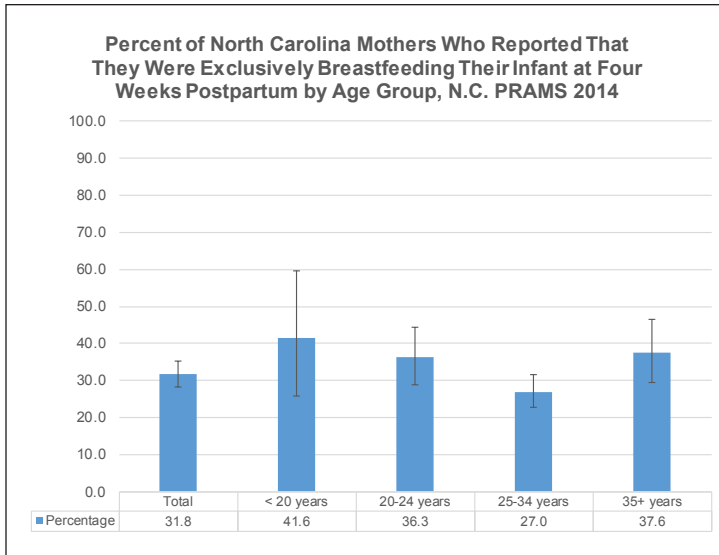
# Surveillance Update

## Mothers' Exclusively Breastfeeding Infants at Four Weeks Postpartum



NORTH CAROLINA  
**PRAMS**

April 2017



The North Carolina Pregnancy Risk Assessment Monitoring System (PRAMS) is a Centers for Disease Control and Prevention (CDC) initiative to reduce infant mortality and low birth weight. N.C. PRAMS is a random, stratified, monthly mail/telephone survey of North Carolina women who recently delivered a live-born infant. The PRAMS survey collects data on maternal behaviors and experiences before, during and after pregnancy for a sample of North Carolina women. This report is based on the responses of 984 mothers who delivered during 2014 in the state of North Carolina and participated in the PRAMS survey two to four months after delivery. Specifically, this surveillance update focuses on mothers who responded to the questions, "1) How old was your baby the first time he or she drank liquids other than breast milk?" and "2) How old was your baby the first time he or she ate solid food?" For more detailed information please visit the N.C. PRAMS website at: [www.schs.state.nc.us/units/stat/prams](http://www.schs.state.nc.us/units/stat/prams).

\* CI (95%) = Confidence Interval (at 95 percent probability level).



State of North Carolina • Roy Cooper, Governor  
 Department of Health and Human Services • Dr. Mandy K. Cohen, Secretary • [www.ncdhhs.gov](http://www.ncdhhs.gov)  
 North Carolina Division of Public Health • [www.publichealth.nc.gov](http://www.publichealth.nc.gov)  
 State Center for Health Statistics • Eleanor Howell, M.S., Director  
 PRAMS • (919) 855-4495 • [www.schs.state.nc.us/units/stat/prams](http://www.schs.state.nc.us/units/stat/prams)

*The Department of Health and Human Services does not discriminate on the basis of race, color, national origin, sex, religion, age or disability in employment or the provision of services.*